

Monday	Tuesday	Wednesday
1 LINE DANCING 9:30am MEXICAN TRAIN 10-12 CERAMICS 11:00 - 4:00 ART GROUP 1:00 - 4:00 BILLARDS 10-11 CARD GAMES 1:00 BRIDGE 1:00	2 CARDIO FIT 10:00 - 11:00 STRENGTH & FITNESS 11:00-12:00 YOUNG AT ART 11:00-1:00 KNIT & CROCHET 1:00 - 3:00 PINOCHLE 1:00 SWEATING W HELEN 3:00 - 4:00	3 TECHNOLOGY 101 10:00-12:00 LUNCH 12:00 - RSVP BY TUES BINGO 12:45 - 3:30 MAT YOGA 10:30-11:30
8 LINE DANCING 9:30AM MEXICAN TRAIN 10-12 CERAMICS 11:00 - 4:00 ART GROUP 1:00 - 4:00 CARD GAMES 1:00 BRIDGE 1:00 BILLARDS 10-11	9 CARDIO FIT 10:00 - 11:00 STRENGTH & FITNESS 11:00-12:00 YOUNG AT ART 11:00-1:00 KNIT & CROCHET 1:00 - 3:00 PINOCHLE 1:00 SWEATING W HELEN 3:00 - 4:00	10 TECHNOLOGY 101 10:00-12:00 LUNCH 12:00 - RSVP BY TUES BINGO 12:45 - 3:30 MAT YOGA 10:30-11:30
15 Line Dancing 9:30am MEXICAN TRAIN 10-12 CERAMICS 11:00 - 4:00 ART GROUP 1:00 - 4:00 CARD GAMES 1:00 BRIDGE 1:00 BILLARDS 10-11	16 CARDIO FIT 10:00 - 11:00 STRENGTH & FITNESS 11:00-12:00 YOUNG AT ART 11:00-1:00 KNIT & CROCHET 1:00 - 3:00 PINOCHLE 1:00 SWEATING W HELEN 3:00 - 4:00	17 TECHNOLOGY 101 10:00-12:00 LUNCH 12:00 - RSVP BY TUES BINGO 12:45 - 3:30 MAT YOGA 10:30-11:30
22 Line Dancing 9:30am MEXICAN TRAIN 10-12 CERAMICS 11:00 - 4:00 ART GROUP 1:00 - 4:00 CARD GAMES 1:00 BRIDGE 1:00 BILLARDS 10-11	23 CARDIO FIT 10:00 - 11:00 STRENGTH & FITNESS 11:00-12:00 YOUNG AT ART 11:00-1:00 KNIT & CROCHET 1:00 - 3:00 PINOCHLE 1:00 SWEATING W HELEN 3:00 - 4:00	24 TECHNOLOGY 101 10:00-12:00 LUNCH 12:00 - RSVP BY TUES BINGO 12:45 - 3:30 MAT YOGA 10:30-11:30
29 Line Dancing 9:30am MEXICAN TRAIN 10-12 CERAMICS 11:00 - 4:00 ART GROUP 1:00 - 4:00 CARD GAMES 1:00 BRIDGE 1:00 BILLARDS 10-11	30 CARDIO FIT 10:00 - 11:00 STRENGTH & FITNESS 11:00-12:00 YOUNG AT ART 11:00-1:00 KNIT & CROCHET 1:00 - 3:00 PINOCHLE 1:00 SWEATING W HELEN 3:00 - 4:00	31 TECHNOLOGY 101 10:00-12:00 LUNCH 12:00 - RSVP BY TUES BINGO 12:45 - 3:30 MAT YOGA 10:30-11:30

Thursday	Friday	Saturday / Sunday
<p>SENIOR CENTER AND THERAPY POOL <u>CLOSED</u> FOR THE 4TH OF JULY</p>		<p>6</p> <p>7</p>
<p>11 CARDIO FIT 10:00 - 11:00 STRENGTH & FITNESS 11:00-12:00 CERAMICS 11:00 - 4:00 MAH JONG 11:30-2:30 BRIDGE & CARD GAMES 1:00 SWEATING W HELEN 3:00 - 4:00</p>	<p>12 TECHNOLOGY 101 10:00-12:00 CHAIR YOGA 10:00 - 11:00 HOT DOG LUNCH 11-12:15 LET'S PAINT 12:00 - 2:30 BINGO 12:45 - 3:30</p>	<p>13</p> <p>14</p>
<p>18 CARDIO FIT 10:00 - 11:00 STRENGTH & FITNESS 11:00-12:00 CERAMICS 11:00 - 4:00 MAH JONG 11:30-2:30 BRIDGE & CARD GAMES 1:00 SWEATING W HELEN 3:00 - 4:00</p>	<p>19 TECHNOLOGY 101 10:00-12:00 CHAIR YOGA 10:00 - 11:00 HOT DOG LUNCH 11-12:15 LET'S PAINT 12:00 - 2:30 BINGO 12:45 - 3:30</p>	<p>20</p> <p>21</p>
<p>25 CARDIO FIT 10:00 - 11:00 STRENGTH & FITNESS 11:00-12:00 CERAMICS 11:00 - 4:00 MAH JONG 11:30-2:30 BRIDGE & CARD GAMES 1:00 SWEATING W HELEN 3:00 - 4:00</p>	<p>26 TECHNOLOGY 101 10:00-12:00 CHAIR YOGA 10:00 - 11:00 HOT DOG LUNCH 11-12:15 LET'S PAINT 12:00 - 2:30 BINGO 12:45 - 3:30</p>	<p>27</p> <p>28</p>